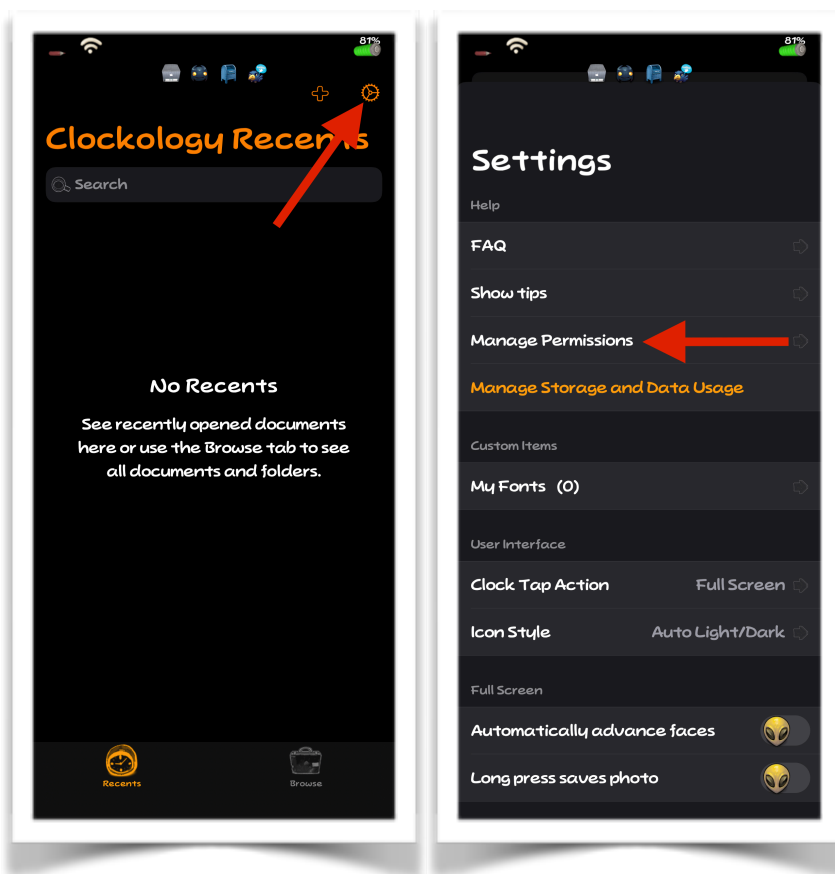
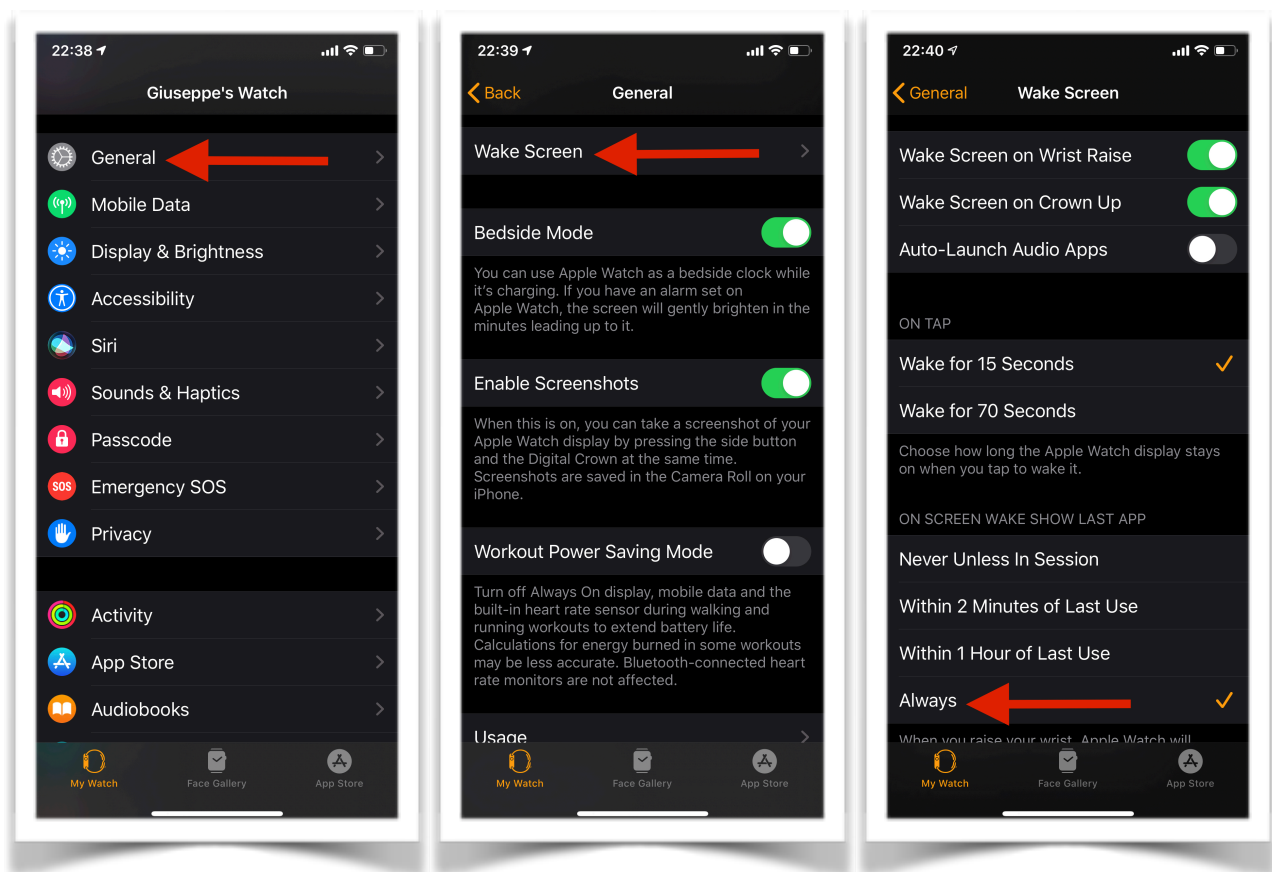


1. Download the Clockology app from the App Store:
<https://apps.apple.com/ch/app/clockology/id1456386228?l=en>
2. Open the app and set the permissions for the location, health and photos.

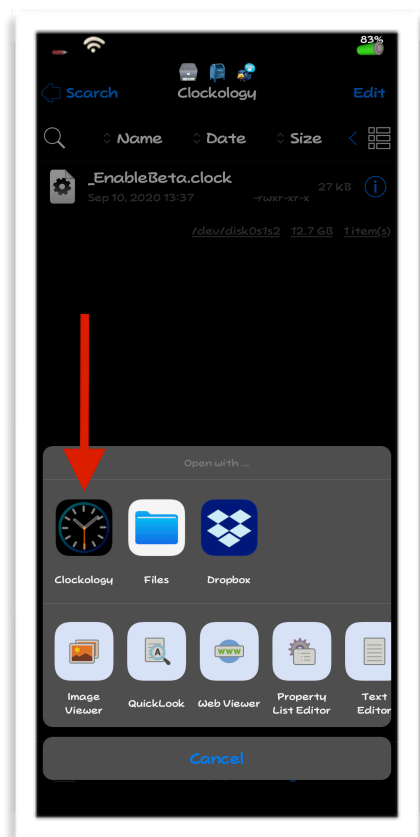
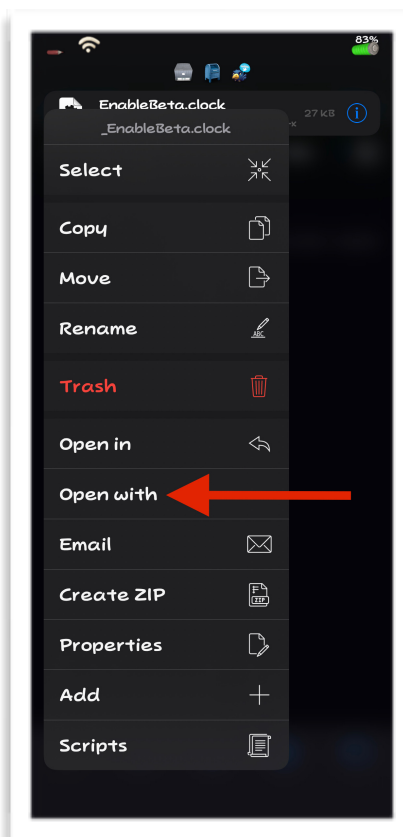


3. Install the app on your Apple Watch.

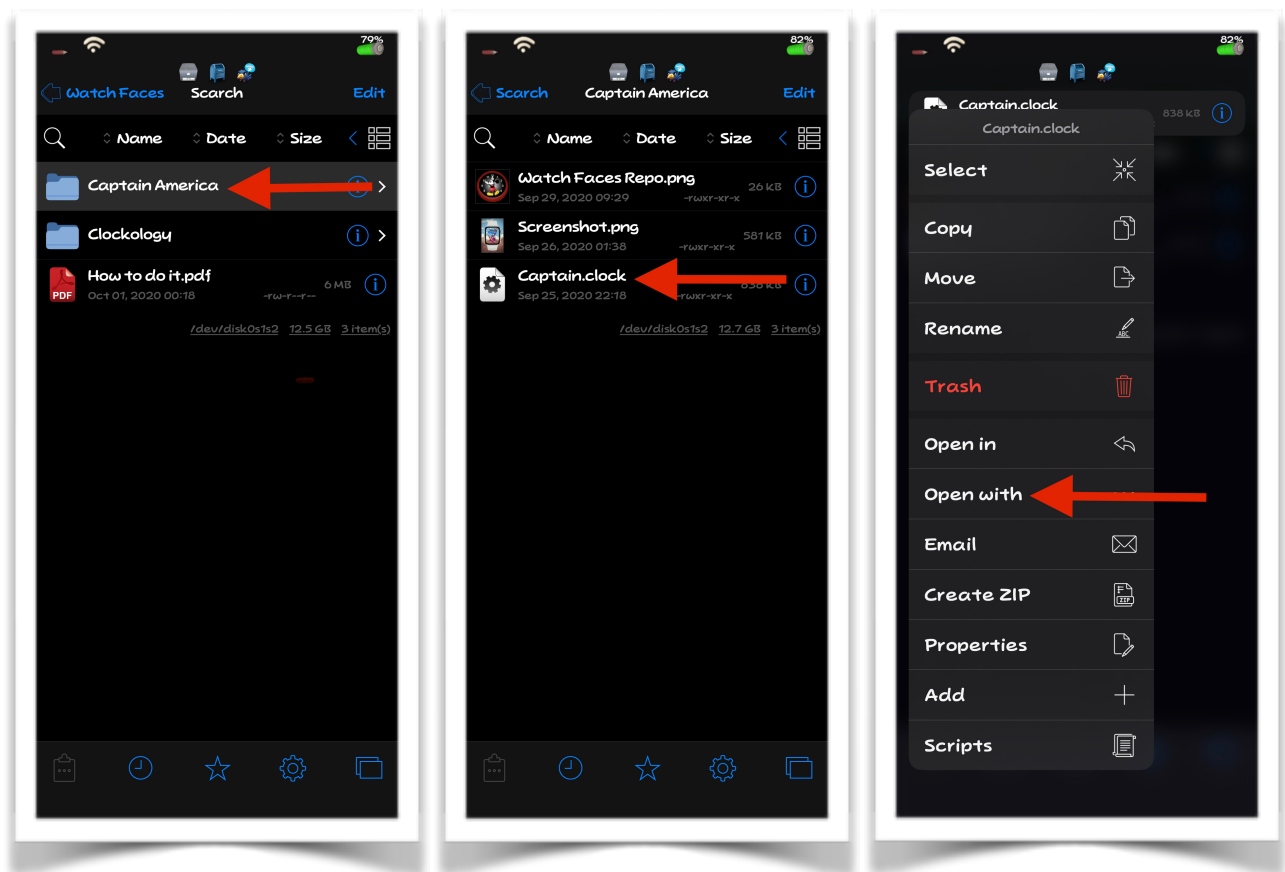
4. Set the Wake Screen to always on your Watch app.



5. Long press on the Beta file from the Clockology folder, choose open with Clockology and follow the instructions.



6. Restart your Watch to synchronize the app.
7. Open a Face Folder you have downloaded, long press on the .clock file and choose open with the Clockology App.



8. Finally long press on the Face and choose Watch Sync (the Clockology app must be open on your Watch). I suggest you to duplicate and rename the original Face before you make some changes.

